

Conscious Spaces: Create a healthy, thriving, prosperous business

We all know it is not easy to run a business. Managers are regularly faced with a high turnover of employees, cash flow problems, and dwindling customers. But what if you could turn your business around and become a prosperous company with a healthy bottom line?

An innovative and groundbreaking approach to business management is now available. It is called Business Alignment and is ahead of its time. Practitioners balance the energy of your workspace to help you attain your business goals. Business Alignment uses the Body Alignment Technique, as developed by Jeff Levin, architect, nutripath, author, healer and pioneer in the world of energy medicine.



Your office space is aligned and harmonised so that employees are more productive and customers feel at ease. Imagine if your office building made customers and employees feel like they did not want to leave, and what that would do for business.

According to Tanya Harris, a Business Alignment practitioner at Conscious Spaces, people ask for a Business Alignment for a number of reasons. "People contact us when their businesses are not doing so well financially, they

may have problems with cash flow, or clients that do not pay," says Harris. Other problems are high staff turnover, not finding the right people for the job, or just a general feeling of discomfort when entering the office building.

Harris says that people are generally in touch with the energy of their offices, and their businesses as a whole. One example is client who opened a restaurant in an old slave trader house and asked Harris to clear the atmosphere. Another client who worked from home was unable to work in her newly designed room. "She only kept her files and paperwork in the office, but could not settle down to work. We did an energy balance and all was well."

The benefits of balancing your business are numerous, says Harris. It puts the light on where it was dark. It brings consciousness into your work space. "The balance enables people to work harmoniously with each other."

*"Business alignment
revitalises your business"*

– Tanya Harris

The benefits of office energising

- enhances vitality and well-being of staff members
- balances and clears the energy flow
- creates a more harmonious environment
- improves attitudes and thereby empowers staff to cultivate prosperity consciousness
- reduces absenteeism
- improves employee and customer relations
- promotes success and ultimately profitability

“Everyone that visits our new furniture showroom *remarks on the good atmosphere in our work environment*”

– Haldane Martin

The great thing about Business Alignment is that it comes at the business from all angles. It is not just about rearranging furniture, adding new colours, and new elements. “Business Alignment addresses the emotional aspects of people, and clears all the staff members on all levels.”

When you move into a new building, you usually clean out all the rooms and cupboards before you move in. Similarly, you should also move out the energetic rubbish trapped in the space.

“We revitalise your business,” says Harris. “It is like coming into a garden where plants are wilting or dying. We give the earth fertiliser, get the oxygen flowing, and water the plants but just in the business sense. We plan the space, find out what is needed and help the space to attain its natural balance. At the same time we plant new seeds, which are the new intentions of the business.”

According to Harris, the practitioners work mainly with management because they are usually the ones who initiate this process. No strategy will ever be successful, no goal will ever be attained, if the management team does not believe it is achievable.

“First we help management align to their goals and that permeates to the rest of the staff. Once management knows

Here is what Haldane Martin says about Business Alignment

Haldane Martin is a designer of contemporary furniture collections which he sells through his company, also called Haldane Martin (www.haldanemartin.co.za). This is how he experienced Business Alignment:

We had just moved into new premises, an old Victorian church. I wanted the energetics of the space to be balanced. Moving the business was an unsettling and anxiety provoking experience. I wanted my staff and me to feel settled and grounded as soon as possible so that we could get on with serving our clients and making some money.

The Business Alignment practitioner, Tanya Harris, analysed the space for blocked energy. She did a number of alignments. The last part of the process was a personal body alignment balance for me which was a profoundly transformative experience.

I can feel that the energy in our space has stabilised. My staff members are happy and productive. Everyone that visits our new furniture showroom remarks on the good atmosphere in our work environment. My business is also going through a major financial transformation as we gear up for our next level of success.

where they are going, it is easy to remove blockages and set a clear path to success.” 

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